



# 2021 FEI North American Youth Championships

Flintfields Horse Park  
Traverse City, Michigan  
August 10 - 15, 2021

*\*schedule is tentative and subject to change\**



## Social Events

*Open to all NAYC Competitors*

### Monday, August 9

12:00 - 4:00pm NAYC Accreditation Pick Up  
2:00 - 4:00pm Moomers Ice Cream Party

*Golf Tournament - Additional Info Coming Soon*

NAYC Stabling  
NAYC Stabling

### Tuesday, August 10

11:00am - 1:00pm Lunch available Athletes, Grooms, Chefs d'Equipe  
11:00am - 1:00pm Team Poster Making  
1:00-2:00pm **Social Media:** Media Strategies for the Equestrian Athlete with Kim Beaudoin  
4:00pm Parade of Nations and Welcome Party

NAYC Rider's Lounge  
VIP 2  
VIP 2  
International Ring and  
VIP Pavilion

### Wednesday, August 11

10:00 - 11:00am **Social Media:** Media Strategies for the Equestrian Athlete with Kim Beaudoin  
11:00am - 1:00pm Lunch available Athletes, Grooms, Chefs d'Equipe  
2:00-3:00pm **Sports Psychology:** Mental Toughness vs. Talent with Dr. Jenny Susser

VIP 2  
NAYC Rider's Lounge  
VIP 2

### Thursday, August 12

10:00 - 11:00am **Sports Psychology:** Mental Toughness vs. Talent with Dr. Jenny Susser  
11:00am - 1:00pm Lunch available Athletes, Grooms, Chefs d'Equipe  
2:00-3:00pm **Athlete Nutrition:** Fueling the Equestrian Athlete with Audrey Shaw  
6:30pm Traverse City Pit Spitters Baseball Game and Picnic - NAYC Ticket Special

VIP 2  
NAYC Rider's Lounge  
VIP 2  
Turtle Creek Stadium  
Traverse City, MI

### Friday, August 13

10:00 - 11:00am **Equine Care:** Post Competition Treatments with Dr. Lori Bidwell  
11:00am - 1:00pm Lunch available Athletes, Grooms, Chefs d'Equipe  
2:00-3:00pm **Athlete Nutrition:** Fueling the Equestrian Athlete with Audrey Shaw  
7:00pm Movie Night on the Lawn - Life in the Dog House

VIP 2  
NAYC Rider's Lounge  
VIP 2  
Interational Ring

### Saturday, August 14

11:00am - 1:00pm Lunch available Athletes, Grooms, Chefs d'Equipe  
7:00pm CSI3\* GLEF Week VI Grand Prix

NAYC Rider's Lounge

### Sunday, August 15

11:00am - 1:00pm Lunch available Athletes, Grooms, Chefs d'Equipe

NAYC Rider's Lounge

